

Rokesly PSHE Curriculum Overview

KS1	Autumn Term	Spring Term	Summer Term
Year 1	<p>Everything is new School rules Get to know our class.</p> <p>ME! Who am I? My body Germs and bacteria</p>	<p>People who love me My family tree Being a good friend</p> <p>Staying safe How can I help a friend feel safe? What do we do if we don't feel safe? Body rules</p>	<p>Be the best Individual and group challenges and targets.</p> <p>Ready to go E-safety Preparation for transition</p>
Year 2	<p>Getting to know our classroom The year ahead – what will happen, what will change.</p> <p>Firework safety Skills and talents My bigger body</p>	<p>My family, Your Family Differences and similarities between families.</p> <p>Keeping Safe What do we do if we don't feel safe? Who can we talk to?</p>	<p>Setting individual and group challenges and targets.</p> <p>E-safety Preparation for transition</p>
KS2	Autumn Term	Spring Term	Summer Term
Year 3	<p>Belonging to a Community: The value of rules and laws; rights, freedoms and responsibilities</p> <p>Respecting ourselves and others</p> <p>Physical health and Mental Wellbeing</p>	<p>Money and Work: Different jobs and skills; job stereotypes; setting personal goals</p> <p>Keeping safe: Risks and hazards; safety in the local environment and unfamiliar places.</p>	<p>Families and Friendships: What makes a Family?</p> <p>Safe relationships Growing and Changing: Personal boundaries; the impact of hurtful behaviour; Personal strengths and achievements.</p>
Year 4	<p>Belonging to a community: What makes a Community?</p> <p>Respecting ourselves and others: Respecting differences and similarities.</p>	<p>Money and work; Making decisions about money.</p> <p>Keeping safe: Medicines and household products.</p>	<p>Families and Friendships including online.</p> <p>Safe relationships Growing and Changing</p>

	Physical health and Mental Wellbeing		Responding to hurtful behaviour; recognising risks online.
Year 5	<p>Belonging to a community: Protecting the environment; compassion towards others.</p> <p>Respecting ourselves and others</p> <p>Physical health and Mental Wellbeing</p>	<p>Money and work: Identifying what affects people's attitude to money.</p> <p>Keeping safe: Keeping safe in different situations.</p>	<p>Families and Friendships</p> <p>Safe relationships Growing and Changing</p>
Year 6	<p>Belonging to a Community: Valuing diversity</p> <p>Respecting ourselves and others: Expressing opinions and respecting other points of view.</p> <p>Physical health and Mental Wellbeing</p>	<p>Money and Work: Identifying links between money and work, money around the world</p> <p>Keeping safe: Keeping personal information safe; regulations and choices.</p>	<p>Families and Friendships</p> <p>Safe relationships Growing and Changing</p>