

Newsletter

Newsletter No 14 | 1st April 2023



Dear Parents and Carers,

As we come to the end of the term, we would like to express our gratitude to all those who attended the parent's consultation evenings. If you were unable to attend, please contact your child's class teacher to arrange a mutually convenient time to meet after the holidays.

We hope that those of you who had the opportunity to attend the science exhibition found it useful to see the fantastic work that the children have been doing across the school.

We value your feedback and kindly request that you complete the parent questionnaire that will be emailed to you. Your input is greatly appreciated and will help us to continue to provide the best possible education for your child.

I would like to take this opportunity to thank you for your ongoing support and wish you a wonderful break. Happy Easter to those celebrating Easter and Chag Sameach to those observing Passover.

Yours faithfully,

Bola Soneye-Thomas
Headteacher



PSHCE Display

Term Dates 2022-2023

Summer Term 2023
17/04/2023 – 21/07/2023

Half Term 2023
29/05/2023 – 02/06/2023

Tad Days

Thursday	01/09/2022
Friday	02/09/2022
Monday	31/10/2022
Tuesday	03/01/2023
Monday	05/06/2023

**Bank Holiday for the
Coronation 08/05/2023.**

School Meals Costs

Autumn Term	
1 st half	£87.50
2 nd half	£85.00
Total	£ 172.50

Spring Term	
1 st half	£70.00
2 nd half	£75.00
Total	£145.00

Summer Term	
1 st half	£72.50
2 nd half	£85.00
Total	£157.50

Information that you might find useful:

Soup Kitchen at Middle Lane

Please see the leaflet below for details about the soup kitchen.

Online Safety

During the upcoming break, your children will probably be using the internet more often. We talked about online safety during Friday's assembly, but it is essential for them to hear it from you too. Here are some points for you to consider:

Actively choose safe, age-appropriate apps and online games.

Regularly monitor your child's devices and use parental controls.

Set common boundaries for screen-free mealtimes and bedtimes, no tech bedrooms, and gaming only at weekends.

Regularly have conversations with your child about online safety.

We urge parents to stay involved with their child's online life. The design of many apps, including those rated 16+ and 13+, can nudge children to share explicit content and to be unkind. Therefore, it is essential to think of a Digital Diet - "Not No tech but good tech."

We recommend watching a highly acclaimed 15-minute short drama starring Jodie Whittaker (Dr Who), Paul Ready (Motherland), which looks at online harm, regulation, and responsibility. You can find it here: <https://www.ft.com/video/ea39f3a9-8993-477d-a763-317ba51c2e75>.

FiveDinners

We want to make you aware of a company called Five Dinners who recently approached us. Although we are not endorsing this company, we thought the information they shared with us might be of interest to you. They have assured us that there are no catches, and once you sign up, you will not suddenly be asked to pay for something.

Mrs. Neilson and I have been trialling the service for the last few weeks, and so far, it has been good. However, we encourage you to do your research and make an informed decision about whether or not to use this service.

The information from them is below:

We know how hard times are at the moment so the folks at FiveDinners.com – online meal planning service - have decided to give away FREE lifetime memberships to try and help you save money on food shopping and reduce the mental load of deciding what to eat every night. There's no catch or restrictions, simply full access to our meal plans to make your dinnertimes a little easier and cheaper.

FiveDinners.com is an online meal planning service co-founded by author and TV chef Theo Michaels. To help with the cost of living crisis so many families and individuals are facing Theo has decided to offer their meal planning service for FREE (usually £49.99 per year); every week they publish a new meal plan with an automatically generated shopping list; set to your serving size so you know exactly what you need for the week ahead. It saves you time, money on food shopping and ultimately takes away the headache of deciding what to cook every night. You can even create and save your own meal plans choosing from hundreds of recipes.

Simply head to <https://FiveDinners.com> and click green Join button now.

Easter Egg Competition

The Rokesly Easter Egg Competition entries this year have exceeded all expectations. The level of creativity and skill was exceptionally high, making it a challenging task for the judges to select only four winners and four runner ups from the entire school. The competition showcased the remarkable creativity and imagination of our children. Thank you so much to all the children, staff, parents and carers who contributed to the success of this event. All the winning entries will be posted on our Instagram @Rokeslyjunior and on the website.



Fourth Plinth Competition

We received so many art submissions for the Fourth Plinth Competition and we would like to congratulate every participant for their exceptional work. A round of applause goes to Wren in Year 4, for winning a prize with her stunning artwork titled 'Our Beloved Queen and Friends.' We are extremely proud of you, Wren!



WOW badge Competition

We are delighted to announce that our school is the winner of the WOW Badge Design Competition 2023. The theme aimed to bring pupils closer to nature found across Britain. Congratulations to Cleo, in Year 6, for creating the winning design. Her design can be viewed on the competition website at <https://www.livingstreets.org.uk/badgecomp>, alongside the other winning entries.

STEM Week Exhibition

Yesterday, we had the pleasure of sharing our STEM week enquiries with you. We are thrilled to say that the children have been working incredibly hard and utilising their scientific skills to answer questions. They demonstrated remarkable teamwork, problem-solving abilities, and critical thinking. It was an absolute delight to witness their enthusiasm and passion for science. We are confident that these experiences will encourage them to explore and discover more about the world around them in the future.





**METHODIST
CHURCH**

**FREE HOT MEALS
EVERY MONDAY EVENING**

6.30 - 7.30pm

**Middle Lane Methodist Church
Lightfoot Road
London
N8 8NT**