



WEEK	DAY	MAINS		SIDES	PUDDINGS
[Insert content here]	[Insert content here]	Meat	Vegetarian		
1	Monday	Tomato & basil pasta bake ^(1,3)	Vegetable tagine & couscous ⁽³⁾	Sweetcorn, green beans	Watermelon slices
	Tuesday	Mild chicken curry ⁽¹⁾	Sweet potato & chickpea curry	Steamed rice, broccoli, carrots	Fruit salad
	Wednesday	Roast turkey & gravy	Winter casserole cobbler ^(1,3)	Skin-on roast potatoes, savoy cabbage, winter roots	Pea & vanilla cake ^(1,3,11)
	Thursday	Spaghetti Bolognese ⁽³⁾	Pepper, basil & tomato tart ^(1,3,11)	Garlic & herb bread ^(1,3,6,11) , carrots, green beans	Melon & pineapple
	Friday	Fish fingers/salmon fishcakes ^(2,3)	Sweet potato falafel, pitta, tzatziki ^(1,3)	Chips, baked beans, peas	Chocolate cookie ⁽³⁾
2	Monday	Mac & cheese ^(1,3,14)	Vegetable biryani	Broccoli, sweetcorn	Fruit Salad
	Tuesday	Sausages ^(3,12)	Vegetarian sausages ^(1,3,11)	Mashed potato ⁽¹⁾ , carrots, peas	Fruit jelly
	Wednesday	Roast chicken & gravy	Tuscan bean stew & couscous ⁽³⁾	Roast potatoes, Winter roots, savoy cabbage	Beetroot brownie ^(1,3,11)
	Thursday	Beef lasagne ^(1,3,14)	Vegetable lasagne ^(1,3,14)	Garlic & herb bread ^(1,3,6,11) , carrots, broccoli	Melon & pineapple
	Friday	Battered fish ^(1,2,3)	Cheese & leek pasty ^(1,3)	Chips, baked beans, peas	Oat cookie ⁽³⁾
3	Monday	Margherita pizza ^(1,3,6,11)	Mixed bean wrap ⁽³⁾	Carrots, green beans	Vanilla ice cream ⁽³⁾
	Tuesday	Moroccan chicken & rice	Mediterranean pasta bake ^(1,3)	Sweetcorn, broccoli	Pineapple & melon
	Wednesday	Toad in the hole & gravy ^(1,3,11,12)	Spinach & pepper souffle potato ^(1,11)	Skin-on roast potatoes, savoy cabbage, carrots	Lemon & cucumber cake ^(1,3,11)
	Thursday	Chicken pie & gravy ⁽³⁾	Soya mince & vegetable pie ^(1,3)	Mashed potato ⁽¹⁾ , Bashed root vegetables, green beans	Fruit platter
	Friday	Fish fingers ^(2,3)	Vegetable chilli & rice	Chips, baked beans, peas	Shortbread biscuit ⁽¹⁾



Allergen Key: 1. Milk, 2. Fish, 3. Gluten, 4. Peanuts, 5. Tree nuts, 6. Soya, 7. Sesame, 8. Lupin, 9. Shellfish, 10. Molluscs, 11. Egg, 12. Sulphite, 13. Celery, 14. Mustard

MENU IS SUBJECT TO CHANGE SHOULD INGREDIENTS BE UNAVAILABLE